

8.7 The 12 steps

The table below outlines the 12 steps required from a group, their training, preparation, and completion of practice and qualifying journeys:

- 1** Participants form a group of 4-7 young people.
(max. 8 for tandem activities).
- 2** The group decides on their aim and type of journey (Expedition or Exploration), appropriate area and mode of travel.
- 3** The group undertakes necessary training.
- 4** The group plans and prepares the paperwork for their Practice Journey including tracings/outlines/route cards etc.
- 5** The group goes on a Practice Journey to show their **Adventurous Journey** Supervisor that they have all the necessary skills to proceed on a Qualifying Journey.
- 6** The group plans and prepares for the Qualifying Journey with feedback from the **Adventurous Journey** Supervisor after the Practice Journey.
- 7** **Adventurous Journey** Supervisor's check of final plans (focusing on risk) including final discussions with the **Adventurous Journey** Assessor.
- 8** **Adventurous Journey** Assessor's check focusing on the 15 requirements.
- 9** The group goes on their Qualifying Journey with their **Adventurous Journey** Supervisor & **Adventurous Journey** Assessor present.
- 10** **Adventurous Journey** Assessor's debrief and confirmation of when & how the presentation and report will be done.
- 11** Group presentation focusing on the aim of their Qualifying Journey.
- 12** Assessment of group report and **Adventurous Journey** section sign off.